**HOW CAN I BE A MENTOR?**

If you would like to become or learn more about becoming a volunteer mentor in your community, contact the Mentor Coordinator or complete the following and send to the mailing address on the back.

I'm interested in learning more about becoming a SET volunteer mentor.

Name:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Phone:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Email:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Name of Community:

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**CONTACT INFORMATION:**

*Inclusion Canada*

*Newfoundland and Labrador*

P.O. Box 8414

St. John's, NL

A1B 3N7

Website: [www.inclusioncanadanl.ca](http://www.inclusioncanadanl.ca)

Facebook: [InclusionCanNl](http://facebook.com/nlacl)

Twitter: @InclusionCanNL

*Mentor Coordinator*

**Nancy Andrews**

Ph: (709) 486-0213

Email: setmentoring@inclusioncanadanl.ca

*Executive Director*

***Hope Colbourne***

Ph: (709) 722-0790

Email:  executivedirector@inclusioncanadanl.ca

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***Creating an Inclusive Community***

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**WHAT IS SET MENTORING?**

The SET Mentoring Project is an in school opportunity to involve students who face barriers such as intellectual, social and emotional. It will help them explore future career options, community options and post-school options.

It's intended to help students transition into the community and/or work place after finishing high school.

This will be achieved by connecting them with adult trained "mentors" in the community.

The connection between students and mentors will be facilitated by a "Mentor Coordinator" working in concert with school personnel, parents and community.

**WHO CAN BE A MENTOR?**

\*A person who shows strong commitment and believes in inclusion.

\*The mentor must show strong commitment to supporting self determination in students and mentors.

\*An innovator-- outside the box thinker, able to come up with alternative ideas.

\*Enabler-- can find alternatives in the community. An idea person.

\*Should be knowledgeable about their community--people, resources, and community groups.

\*Varied experiences with people who have intellectual disabilities.

\*Experienced with family engagement--planning.

\*Should show leadership in a variety of capacities--self/relational, professional, community.

\*Coordination experience--strategic thinker, self disciplined, organized.

\*Familiarity with school environments

\*A natural teacher, but open to continuous learning and a team player.

**STUDENTS WHO QUALIFY:**

Students in secondary school, ages 14 to 21 (grades 9 through Level 4) who meet the criteria.

Through the assistance of adult mentors, students will have opportunities to learn about careers, explore community and volunteer options and alternatives for when they finish high school.

Additional in school support and training will assist students in social interaction and relationship building; and it will help students transition to community and/or the work place after high school. It will give them more opportunity for decision-making.

Mentoring will be individualized for each student.